

Crafting Community UPDATE

JUNE 2026



Care Bag's 
Made with Love

The 5th of June is Cancer Survivor Day and this month we focus on comfort pillows. We currently include mastectomy and neck pillows in select Care Bags, and we've received a request for nursing pillows from George Hospital's Neonatal Department.

The compact and curved neck pillow in particular is proving to be a versatile item. It is used by patients travelling to Cape Town in hospital transport, for caregivers who are sleeping by their child's hospital bed, and increasingly being requested by rectal cancer patients to ease pain whilst sitting.

For the teen youth, buffs for the boys and reusable sanitary towels for the girls, are welcome additions to our Care Bags. We aim to provide practical items that teens feel confident and dignified in wearing. Buffs and reusable sanitary pads are also included in select adult Cancer Care Bags.



CONTACT & DROP OFF

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REQUESTED ITEMS

Items low on stock

- Mastectomy pillows
- Neck travel pillows
- Reusable sanitary pads
- Scarves/snoods
- Buffs for men/teen boys
- Sleepshorts for men/teen boys
- Bedsocks
- Pullovers for men
- Soap bags

NOTES

- There are no set patterns. We do provide suggested links to get you started, but please feel free to be creative and use any preferred pattern and fabric.
- Please mark clothing with sizes.
- Consider using unisex yarn colours. This helps balance our stock when gender-specific items run low.
- The health and safety of our Care Bag's recipients is of utmost importance, particularly for patients with weakened immune systems. Therefore, items need to be free of smoke and pet hair.