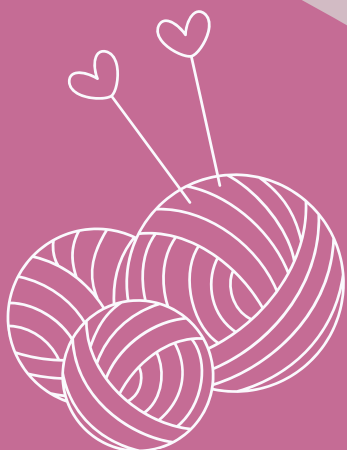


Care Bag's
Handmade
WITH LOVE
Made with Love



HANDMADE PROJECTS



carebagsmadewithlove@gmail.com



Knysna, South Africa

VARIETY OF CARE BAGS

Every Care Bag is packed with careful consideration for the needs of the patients for which they are intended for. Care Bags are separated into different categories, each including specific toiletries and handmade items for that need. Each and every donated item contributes to the success of this initiative.

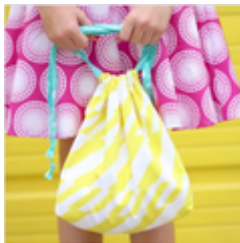
- ✓ **Transport Essentials (Knysna & George Hospital)**
 - The all-round emergency Care Bag for men and women.
 - Intended for patients who are unprepared for an extended hospital stay and without a nearby support network to deliver personal items.
 - Intended for patients who, unexpectedly, are transported from a district hospital (Knysna) or regional hospital (George) to either Tygerberg or Groote Schuur tertiary hospitals for medical procedures. Transport provided by George Hospital.
- ✓ **Chemotherapy (George Hospital)**
 - Intended for patients receiving chemotherapy, radiation and other medical treatments.
- ✓ **Mastectomy (George Hospital)**
 - Intended for mastectomy surgery patients.
- ✓ **Cervical (George Hospital)**
 - Intended for patients diagnosed with cervical cancer.
 - Patients scheduled for hospital transportation to either Tygerberg or Groote Schuur hospitals for medical treatment.
- ✓ **Comfort (Knysna Hospital)**
 - General hospital bag for various ages, both male and female.
 - Including infant, children, teen, and adult.
- ✓ **Dignity (Knysna Hospital)**
 - Toiletries in a plastic Ziploc bag for children and adults.
- ✓ **Victim Support (Trauma support)**
 - Intended for victims of assault and abuse.



SEWING PROJECTS

Drawstring bag

- Purpose: to pack items for patients to use during their hospital stay, for the journey home, and at home.
- Patterns: there is no specified pattern. We have provided suggested links to get you started, but please feel free to be creative and use any preferred pattern and fabric.
- Sizing: all medium sizes welcome. Preferred sizing is 35 x 40 cm.
- Tip: use t-shirt yarn as drawstring
- Basic drawstring bag: <https://www.madeeveryday.com/video-drawstring-bag/>
- Drawstring backpack for kids: <http://orangebettie.com/2020/04/20/easy-diy-drawstring-backpack-sewing-tutorial/>
- Drawstring backpack for kids with fish theme: <https://sewcanshe.com/2018-6-15-diy-easy-fish-shaped-drawstring-backpack-the-fishpack/>



drawstring bags

Sometimes your day is just a mixed bag of emotions. Hehe. When I have a day like that, a simple sewing project is exactly what I need to...

 MADE EVERYDAY / Jan 19, 2017



Easy DIY Drawstring Backpack Sewing Tutorial

Easy beginner sewing tutorial for a DIY drawstring backpack! It's simple to sew and makes a cute...

 Orange Bettie / Apr 20, 2020



DIY Easy Fish Shaped Drawstring Backpack - the Fishpack!

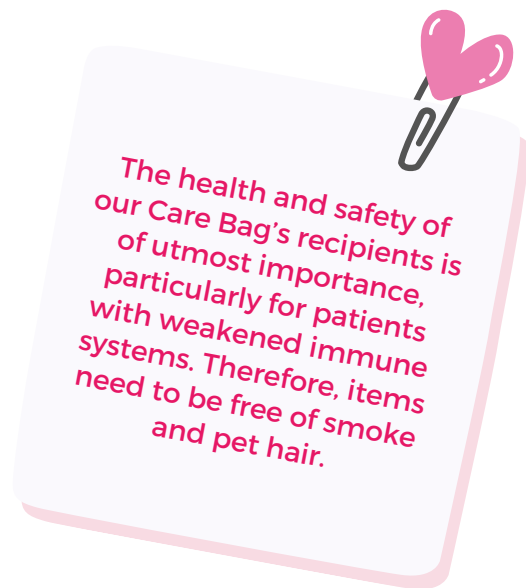
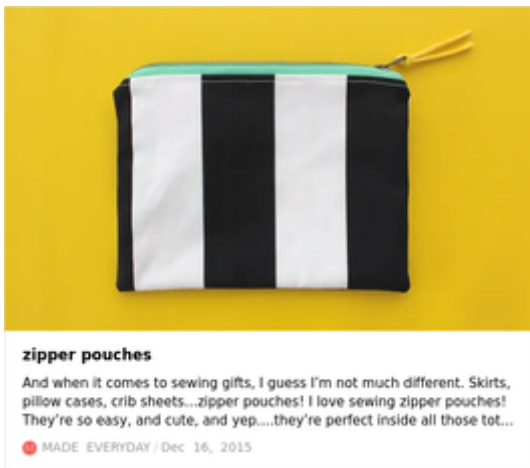
This fun pattern mashup is the height of summer sewing! You can sew a cute drawstring backpack that's in the shape of ...

sewcanshe.com

✓ Essentials ✓ Chemo ✓ Mastectomy ✓ Cervical ✓ Comfort

Waterproof pouch/wet bag

- Purpose: To store essential items discretely in handbag (schoolbag) or to clinic and medical appointments. Ideally made with waterproof fabric to use as a wetbag to rinse and store underwear.
- Patterns: there is no specified pattern. We have provided a suggested link to get you started.
- Sizing: preferred sizing between 6 x 8 inches or 15 x 20 cms.
- Tip: use PEP plastic tablecloths for the waterproof lining.
- Lined pouch: <https://www.madeeveryday.com/sewing-gifting-favorite-zipper-pouches/>



✓ Cervical ✓ Teen Comfort

Fabric beanie

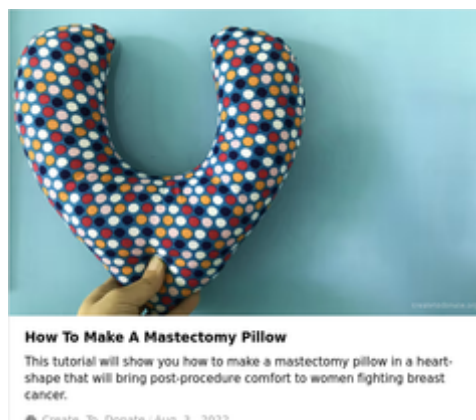
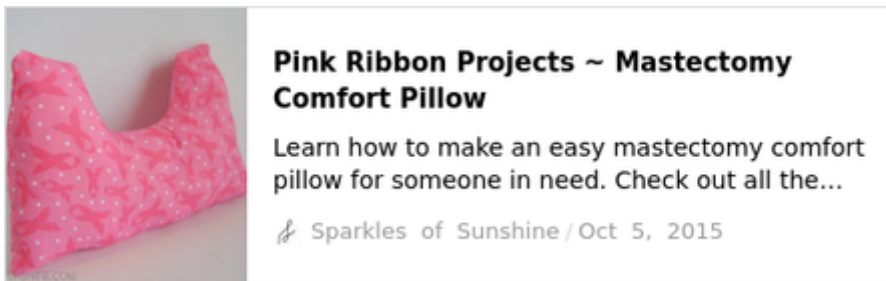
- Purpose: soft fabric beanie for cancer patients.
- Patterns: there is no specified pattern. We have provided a suggested link to get you started.
- Soft beanie: <https://www.rileyblakedesigns.com/quick-beanie>



✓ Chemo ✓ Mastectomy ✓ Cervical

Mastectomy pillow

- Purpose: an attractive soft fabric pillow intended for breast cancer patients who have undergone mastectomy surgery.
- Patterns: there is no specified pattern. We have provided suggested links to get you started.
- Tip: use PEP pillow inners for stuffing.
- <https://createtodonate.org/how-to-make-a-mastectomy-pillow/>
- <https://blog.shannonfabrics.com/blog/video-breast-cancer-heart-pillow-sewing-tutorial-how-to-make-a-mastectomy-pillow>
- <https://www.sparklesofsunshine.com/pink-ribbon-projects-mastectomy-comfort-pillow/>



✓ Mastectomy

PICC line covers

- Purpose: PICC line is a long, flexible catheter (thin tube) that is put into a vein in your upper arm. To prevent the line from getting caught on clothing and bedding, and to keep the arm warm, nurses can place this cover over the PICC line.
- Patterns: there are no specified patterns. We have provided a suggested link to get you started.
- <https://measuretwiccutonce.com.au/free-pattern-picc-line-cover/>

Face mask

- Purpose: extra barrier of protection for immunocompromised patients.
- Patterns: there is no specified pattern. We have provided a suggested link to get you started.
- Face mask: <https://hellosewing.com/face-mask-sewing-pattern/>



✓ Chemo

Drainage bag

- Purpose: offer patients a comfortable and dignified solution to walking around with a drainage bag for a period of time after surgery or during treatments.
- Patterns: there is no specified pattern. We have provided a suggested link to get you started.
- Sizing: 23 x 27 cm.
- <https://cancersupportyorkshire.org.uk/content/uploads/2019/09/How-to-make-a-lined-and-reversible-Mastectomy-Drain-Bag.pdf>



✓ Chemo ✓ Mastectomy

Soap bag

- Purpose: serves as a washcloth and storage for soaps.
- Patterns: there is no specified pattern. We have provided a suggested link to get you started.
- Tip: Use new or repurposed towelling.
- <https://beginnersewingprojects.com/how-to-make-soap-saver-bags/>



✓ Essentials ✓ Dignity ✓ Comfort

Pencil pouch

- Purpose: a gift for children to use as a pencil or toiletry pouch.
- Patterns: there is no specified pattern. We have provided a suggested link to get you started.
- <https://www.youtube.com/watch?v=tY3mb3CZiKE>



✓ Comfort

Kids shorts

- Purpose: sleep shorts for hospital stay and at home.
- Patterns: there is no specified pattern. We have provided a suggested link to get you started.
- Easy shorts: <https://www.youtube.com/watch?v=-yjDAXrQveo>



✓ Comfort

Reusable sanitary bag

- Purpose: provide affordable sanitary provisions that can be used during and after a hospital stay.
- Patterns: there is no specified pattern. We have provided a suggested link to get you started.
- Sanitary pad: <https://www.youtube.com/watch?v=RgDSNxREpqM>



✓ Comfort Teen ✓ Cervical

KNITTING & CROCHET

Blankets

- Purpose: to keep patients warm and comfortable during treatment.
- Patterns: there is no specified pattern.
- Sizing: All sizes welcome. Preferred sizing 120 x 120 cm or 47 x 47 in.

✓ Essentials ✓ Chemo ✓ Cervical ✓ Infant

Mittens/hand warmers

- Purpose: to keep patients warm and comfortable during treatment.
- Patterns: there is no specified pattern. We have provided suggested links to get you started.
- Knitting: <https://knit-a-square.com/free-knitting-pattern-hand-warmers/>
- Crochet: <https://knit-a-square.com/free-crochet-pattern-hand-warmers/>

✓ Chemo ✓ Comfort

Soap bags

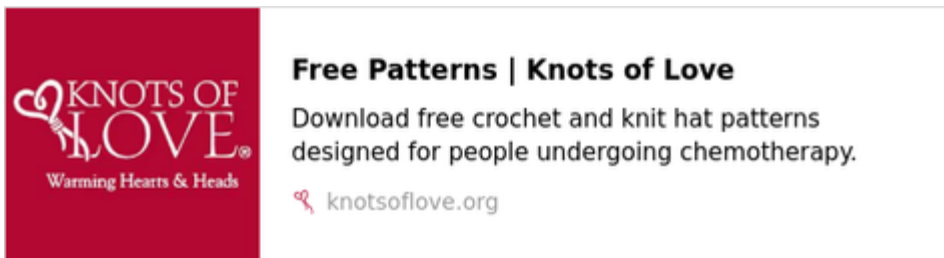
- Purpose: serves as a washcloth for the patient, as well as a storage for wet soaps after bathing
- Patterns: there is no specified pattern. We have provided suggested links to get you started.
- Knitting: <https://www.snapdragonlife.com/news/blog/making-a-knitted-soap-saver/>
- Crochet: <https://www.youtube.com/watch?v=bhaUMfwbSYA&t=26s>

✓ Essentials ✓ Dignity ✓ Comfort



Beanies

- Purpose: providing warmth and comfort to patients.
- Patterns: there is no specified pattern. We have provided suggested links to get you started, but please feel free to be creative and use any preferred pattern and fabric.
- Knitting pattern: <https://www.knotsoflove.org/patterns>
- Crochet pattern: <http://www.mangotreecrafts.net/2015/02/free-basic-beanie-crochet-pattern-all.html>



✓ Essentials ✓ Comfort

Bedsocks

- Purpose: providing warmth and comfort to patients.
- Patterns: there is no specified pattern. We have provided a suggested link to get you started, but please feel free to be creative and use any preferred pattern.
- Please mark bedsocks/slippers with sizing. This is a great help when it comes to packing for various age groups.
- Knitting pattern: <https://www.bevscountrycottage.com/maggieslippers.html>

✓ Essentials ✓ Chemo ✓ Mastectomy ✓ Cervical ✓ Comfort

Knitted Knockers

- Purpose: prosthesis for mastectomy surgery patients.
- These prosthetics need to be soft and comfortable on the skin. Please use a soft cotton or a suggested yarn in the below link.
- Breast prosthetic: <https://www.knittedknockers.org/downloads/>

✓ Mastectomy

PICC line covers

- Purpose: PICC line is a long, flexible catheter (thin tube) that is put into a vein in your upper arm. To prevent the line from getting caught on clothing and bedding, and to keep the arm warm, nurses can place this cover over the PICC line.
- Patterns: there are no specified patterns. We have provided suggested links to get you started.
- Crochet: <https://www.ravelry.com/patterns/library/picc-line-cover-2>
- Knitting: <https://www.ravelry.com/patterns/library/picc-line-cover>



Baby clothes

- Patterns: there are no specified patterns. We have provided a suggested link to get you started, but please feel free to be creative and use any preferred pattern.
- Please mark clothing with sizing. This is a great help when it comes to packing for various age groups.
- <https://www.mariannaslazydaisydesigns.com/post/babbity-baby-set>



Teddy bear

- Purpose: to provide comfort to young patients.
- Patterns: there is no specified pattern. We have provided suggested links to get you started.
- Knitting pattern: <https://www.redcross.org.au/globalassets/cms/act-for-humanity/trauma-teddies/trauma-teddy-complete-instructions.pdf>
- Crochet pattern: <https://www.youtube.com/watch?v=SK11M-ZERa8&t=27s>



✓ Comfort

Comfort Toy

- Purpose: to provide comfort to patients of all ages.
- Patterns: there is no specified pattern. We have provided suggested links to get you started.
- Crochet worry worm: <https://startcrochet.com/crochet-worry-worm-pattern-poem-free/>
- Crochet octopus: <https://www.crochet365knittoo.com/crochet-octopus-preemies/>
- Crochet bumblebee: <https://www.hookedbyrobin.com/blog/2019/03/amigurumi-bumblebee-free-crochet.html>
- Crochet pocket hug: <https://mymagicalcorner.com/crochet-pocket-hugs-random-acts-of-kindness/>



Crochet Octopus For Preemies

Adorable, fast and fun crochet octopus pattern. A perfect crochet octopus for a preemie or for the young at heart!

 Crochet 365 Knit Too / Jul 12



Crochet the Amigurumi TikTok Bee

*** You can purchase an INEXPENSIVE AD-FREE PDF of this pattern HERE
 🐝*** Hands up who needs cheering up! This happy little chub-bee (yep, the bee puns have started early) little fella could be the amigurumi ray ...

📍 Hooked by Robin / Aug 22



Crochet Pocket Hugs-Random Acts of Kindness

Learn to make these adorable crochet pocket hugs, I first heard about in a group which is all about random acts of kindness. What are random acts of kindness. They can be anything you make and leave around town...

 My Magical Corner /

- ✓ Essentials ✓ Mastectomy
- ✓ Chemo ✓ Cervical ✓ Comfort